

NAME: \_\_\_\_\_

(Fill out this form only if your child has been diagnosed with an allergy)

Date of Birth \_\_\_\_\_ Grade \_\_\_\_\_ Teacher \_\_\_\_\_

ALLERGIC TO: \_\_\_\_\_ Asthmatic? Yes\* No  
\*Higher risk for severe reaction

### Details of Allergy

(If dairy, is it all or only some dairy products? If environmental, is it seasonal or specific to particular agents? If insect bites, is it all insects or specific ones? Please specify.)

\_\_\_\_\_  
\_\_\_\_\_

### Signs of an Allergic Reaction

(What kind of reaction has the child had in the past? Please circle or underline those that apply.)

EYES            Itching and redness, puffiness or swelling around the eyes

MOUTH        Itching and swelling of the lips, tongue, or mouth

THROAT       Itching or sense of tightness in the throat, hoarseness, hacking cough

SKIN           hives, rash, swelling about the face or extremities

GUT            nausea, abdominal cramps, vomiting, diarrhea

LUNG          shortness of breath, repetitive coughing, wheezing

HEART        "thready" pulse, passing out

OTHER: \_\_\_\_\_

### Action to be Taken

(What would you like us to do if the child is exposed to a known allergen?)

### Emergency Medical Services

\_\_\_\_\_ Call 911 immediately

\_\_\_\_\_ Call parent first. Call 911 only if symptoms are severe or do not improve with medication.

### Medications

\_\_\_\_\_ Give \_\_\_\_\_ immediately.  
Medication, Dosage

\_\_\_\_\_ Give \_\_\_\_\_ only for the following symptoms:

\_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_